

NEW JERSEY BEHAVIORAL HEALTH PLANNING COUNCIL
AGENDA
May 12, 2021, 10:00 am

This meeting was held exclusively via video/teleconference

Microsoft Teams meeting

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Minutes

- I. Administrative Issues/Correspondence, Review of Previous Meeting Minutes** Phil Lubitz
- A. Attendance: 14/39 = 36%, quorum reached
 - B. Citizen Advisory Board Appointments
 - C. Minutes of April 2021 meeting approved
- II. Hope and Healing** Megan Sullivan
See PowerPoint presentation shared with Council
- III. Mental Health Block Grant, 5% Set Aside Crisis Respite Services, COVID Supplemental Funding** (Donna Migliorino, Rakisha Scott)
- A. DMHAS has plan for funding priorities
 - B. Crisis stabilizations (to reduce visits to ER/ED, reducing inpatient admissions)
 - C. Enhance outreach and Treatment
 - D. Funding date 3/15/21 3/20/23
 - E. Two set asides
 - 1. First Episode Psychosis/ESMI (5% to 10%)
 - a. Three programs that cover NJ, one in each region (7 counties each)
 - b. Looking at another 10% set aside, some supplemental dollars will be augmented by extra dollars, comes to \$2.6M
 - c. Discharges to outpatient programs; DMHAS is looking to create a transitional program.
 - d. Six ESMI programs to be created, they will have training and supports (\$2.3M)
 - 2. Additional Covid19 Crisis (5% set aside)
 - a. 4 crisis receiving and stabilizations, 24/7, crisis diversion and linkages to services and housing (1 program in each region). \$6.89M (5% set aside plus, additional dollars from supplemental funds).
 - b. Set aside \$985K for an additional crisis receiving and tabulation center.

3. Nine programs
 - a. Work with counties to identify low capacity programs to help individuals access services - goal is to reduce frequency of individuals in emergency rooms
 - b. Community MH Law Project—Provide legal assistance to covid related housing evictions (\$350k)
 - c. Outreach navigation to provide services to underserved population and crisis response, to move to a more mobile model (LGTBQ, Faith based communities), \$1.8M for this initiative
 - d. MH First Aid: expand and strengthen MH awareness training, MH first aid (\$440k)
 - e. Peer Wellness Programs intended to improve consumer self-esteem and practice self-care through positive interventions. Support and recovery services across state. Recovery oriented cognitive therapy (\$400k), plus \$500K to CTR training (train residential service providers). CTR is an EBP of the Beck Institute, that allows providers to support residents with their own recoveries and for consumer engagement into their communities. Group Homes will be prioritized
 - f. Implementation of 988 line: New 3 digit dialing code for MH crisis lines. This will replace National Suicide Prevention line in July 2022. This will help begin a sustainable structure (\$500k)
 - G. NIATX training for providers in acute care system who serve consumers with SMI (\$400k), NIATX is a rapid performance improvement project. (\$400k)
4. Admin costs \$1.2M
5. Q&A
 - a. Q: Will \$ go to CSOC? A: Diversion high end, definitely. ESMI funds will definitely be used to help kids ages 15 and older
 - b. Q: 5-year Increase in FMAP (Federal Matching Percentage to State Medicaid Program). A: We should be finding out about those dollars soon.
 - c. State plan amendment, we have until 9/30/25 to expend the ARP funds. Part of those funds are for the 5% and 10% set aside funds. More details will be discovered soon once we get additional guidance.
 - d. Q: FEP is ESMI? A: We are sticking with ESMI designation, and it may make the model a little difficult, DMHAS is looking at that now. Early Serious Mental Illness (ESMI)

- e. Q: Mobile Crisis, does the plan include bringing the EISS center to Gloucester County? A: That is a conversation we can have; we do not know what the guidance looks like.
- f. Q: Crisis Diversion and four other houses across the state? A: With supplemental funds there will be four crisis/stabilization/transition housing to divert from ERs. There will be a fifth one.
- g. Q: Is there any portion of \$\$\$ delegated to the county to be used in different ways?

IV. State Partners Involvement (Phil Lubitz)

A. Department of Education (Damian Pitino)

- 1. ESSER-II “Carrisi Funds” (closing by 5/15/21):
<https://www.nj.gov/education/esser/crrsa/index.shtml>

<https://www.nj.gov/education/esser/crrsa/docs/NJDOE%20ESSER%20II%20Mental%20Health%20LEA%20Considerations.pdf>

<https://www.nj.gov/education/esser/crrsa/docs/Examples%20of%20Ways%20to%20Use%20Funds%20for%20MH%20Supports%20and%20Services.pdf>
- 2. `Twitter account, “Road Forward Fridays” – To let districts share their adaptations and accomplishments during Covid19
- 3. 5/10/21: Gov.Murphy released list of districts that are: full live, hybrid, remote. only, etc. Gov. is pushing for kids to be full in-person
- 4. Third round of relief funds See: <https://www.nj.gov/education/leapct/#/home>

B. DDD (J. Sabin)

- 1. The Department of Human Services’ Division of Developmental Disabilities released day program reopening requirements on March 15, 2021.
- 2. Day program capacity is governed by: The most recent New Jersey Department of Health COVID-19 Activity Level Index (CALI).
- 3. The Division understood that some participants and families were eager for more programs to re-open. In response to this feedback, and in consultation with the Department of Health, updated Congregate Day Program Re-Opening Requirements were issued on April 22, 2021. The newly updated requirements allow all congregate day programs to re-open at limited capacity, regardless of the current CALI designation.

C. DVR (John Tkaz):

D. Department of Labor: No news to report

E. CSOC (Nick Pecht)

- 1. American Rescue Plan is leading CSOC to look at different projects

2. CSOC has received DoE Funds to bring “Nurtured Heart” approach to different schools via contracted providers.
3. Local events sponsored by Children’s Interagency Coordinating Councils (CIACCS)

V. Open Public Comment and Announcements (Phil Lubitz)

- A. Attitudes in Reverse Annual Walk: AIR.NGO; May 22, 2021 West Windsor Community Park
- B. Burlington County Crisis Intervention Training, in-person training will be resuming.

VI. Adjournment (Phil Lubitz)

Next Meeting is June 9, 2021 a 10:00 am, to be conducted via MS Teams videoconference

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Subcommittee Meetings

9:15 Membership:

Reappointments of Existing Members to Citizens Advisory Board

Importance of increasing membership on CAB of:

Two Provider Agencies (1 adult behavioral health and 1 children’s behavioral health provider)

Consumer Members

12:00 None